



FEEDBACK

Findings from this research have been shared with professional audiences across public health, healthcare, policing, third sector, and corporate settings. Below is a selection of feedback from leaders and practitioners who have attended training and keynote events.

“After reading about her fascinating research, we reached out to Susanna to ask if she could provide a training session around male suicide for an extended Hounslow Suicide Prevention Steering Group. The event was attended by a broad spectrum of professionals, all of whom agreed it was one of the most engaging and inspirational training sessions that they had attended.

The content was as hard to hear, as it was essential for all of us wishing to reduce suicide; largely because it was delivered through such a human and compassionate lens, stripping back the medicalised language and labels that can be such barriers to support in the real world.

The room was moved and the message resonated strongly. I feel everyone should hear this, be it in a professional capacity or not.”

Claire, Principal Strategist, Public Health Hounslow

“What made the training and Dr. Bennett’s research so impactful is that it is clearly steeped in people’s personal experiences. I left with a better understanding of the reasons behind suicidal ideation, male suicide and how continued research and sharing of knowledge can help us find meaningful solutions.”

Pamela Davie, Police Constable Mental Health Task Force

“This training should be essential across communities so we are all working together to support boys and men experiencing pain leading to suicidal thoughts.”

Gail Dearing, Deputy Head of Service Mental Health

“I found Susie’s presentation so powerful yet heart breaking. Her content was thought provoking for us all on the call and really made us think about ourselves and how we can support others who are suffering. I have been thinking ever since about how we can continue with this momentum and really make difference - feeling really inspired, that I am on a mission to help men!”

Gareth Collins, Head of Continuous Improvement and Co-Chair of the Men’s Network at the Intellectual Property Office

“Really impactful event and crucial to my work in mental health nursing. I feel that the things discussed in this training will be applied daily to mine and my staff’s clinical knowledge and understanding of working with vulnerable males. I believe that any training of this nature is so vitally important to continue to reduce harm and increase support working with our male population moving forward.”

Kate Andrews, Clinical Team Manager





“Dr. Susie spoke to a large audience at our Head Office in Dublin to mark World Suicide Prevention Day, 2025. I would describe her talk as a true education of a very complicated subject. It has changed I how I view and think about suicide. The talk was so impactful it will shape how it is we support employee mental health in the future. The feedback from our employees has been powerful, it is rare we receive so much feedback for our health and wellbeing events. I strongly recommend every organisation hear this talk and takes this training.”

Brian Samson, Head of Health Promotion, ESB Dublin

“I think this work is a breath of ice cold fresh air - it’s hard-hitting, brutally emotional but powerful and important.

“The research really gets beyond the often lazy narratives around male suicide - it brings the human reality to life through lived experience and offers a coherent framework for understanding the specific of male risk.

“As a man, you feel that your reality is being mirrored back to you through Susie’s analysis of testimony from around the world - because that testimony so vividly evidences the pain so many experience and the burden of external expectation weighing down on men. It’s inspirational work - and so badly needed in the face of often apathetic acceptance of high rates of male suicide.”

Neil Ingham, Executive Director for Wales Samaritans

“I am so glad I attended this event. I found the statistics based on research heartbreaking. It is vital that we all wake up to the shocking reality surrounding male suicide. Serious investment into this cannot come a moment too soon.”

Helen Barnett, Samaritans Listening Volunteer

“The insights gained have already influenced my approach, I’m more attuned to the language I use, the importance of emotional literacy, and the need for relational rather than purely clinical support.

“Training like this matters because it equips professionals to engage men with empathy and understanding, addressing not just symptoms but the social and cultural roots of male distress leaning into the importance of community.”

Jamie Dennis, Chief Executive, Mandem Meetup

“Having had dark days, weeks and months in the past, I appreciate that life can be pretty tough and that crucially most people feel this way at some stage. The research matters so much because suicide is so devastatingly sad, and most importantly with support, so often can be avoided. Anything to address this is hugely important and obviously research in this field is critical. Being able to signpost and support men in the hour of need and enabling them to find their own people, circle, community etc. in at moment showing them some light at the end of the tunnel is crucial.”

Samaritan and Official Prison Visitor

